

Scale of Ration & Fuel : Officers (AFI 4/98)

Sl No.	Basic item	Scale per man per day (in gms)	Alternatives	Scale per man per day (in gms)
1.	Atta/Rice	450	--	--
2.	Dal	40	Peas Dried	40
3.	Oil Hydro-genated	80	--	--
4.	Sugar	90	--	--
5.	Milk Fresh	250 ml	Milk Tinned	100 ml
			OR Whole Milk Powder	36
6.	Meat Fresh	260	Meat on hoof	640
			OR Milk Fresh (for Vegetarian)	500 ml
			OR Milk Tinned (for Vegetarian)	200 ml
			OR Fish Fresh	430
			OR Fowl including Ducks/ Chicken (live weight) whichever is economical.	350
			OR Fowl including Duck/ Chicken (Dressed weight) whichever is economical.	175
			OR Whole Milk Powder (for Vegetarians only)	73
			OR Meat Tinned	200
			OR A.F.D. Meat	43
			OR Eggs	4 Nos.
7.	Vegetable Fresh	170	Vegetable Tinned	90
			OR Curried or Peas/Beans Dried	90
8.	Potatoes	110	Potatoes Tinned	80
			OR Vegetable Fresh	110
			OR Peas/Beans Dried	60
			OR Dal	60
			OR Flour	30
			OR Beans Harricot	30
9.	Onions	60	Onions Spring Green	90
			OR Onions Dehydrated	10
			OR Garlic	10
10.	Eggs	02 Nos.	Vegetable Fresh(for Vegetarians)	110
			OR Whole Milk Powder (for Vegetarians)	28
			OR Kidney	60
			OR Egg Powder	20

			OR Liver	60
			OR Meat Fresh	90
			OR Meat on hoof	220
			OR Bacon OR Sausages OR Fish Tinned	56
11.	Tea	9	Coffee	18
12.	Fruit Fresh Citrus	110	Fruit Tinned	90
	OR Fruit Fresh Non-Citrus	230	OR Fruit Dried	28
13.	Dalia and Sago	20/7	Corn flake	30
	OR Corn Flour	7	OR Semolina	30
	OR Jelly	7		
	OR Ice Cream Powder	7		
	OR Custard Powder	7		
14.	Butter	20	Oil Hydro-genated	30
			OR Butter Tinned	20
			OR Cheese	20
15.	Condiments	20		
16.	Salt	20		
17.	Firewood	1400	Kerosene Superior @	11.360 ltr
				@ - (for 4-5 men set Cooker)
	OR Steam Coal	700		
	OR Soft Coke	900		
	AND Firewood #	200		# - for kindling purposes
	OR Charcoal	400		
	OR Kerosene Superior	378		
	OR LPG	150		
18.	Matches Safety	(a) For strength upto 45 members, two match per week for use in cookhouses. (b) For strength above 45 members, one match box per week every 25 members or part thereof.		